

## Do you (or a household member) have any of the following COVID-19 Symptoms?

- Fever (above 100.3 F) without medication
- Chills
- Cough
- Shortness of Breath/ difficulty breathing
- Muscle or body aches
- Loss of taste or smell
- Sore throat
- Congestion/runny nose + another symptom from list
- Nausea or vomiting
- Diarrhea

YES

**Cancel session**  
Until either:

- 24 hours free of symptoms
- Proof of negative COVID test
- Clearance from doctor stating symptom is related to another condition (i.e. allergies)

YES

Sessions may occur following protocols

NO

Have you been in direct contact with someone who has tested positive for COVID-19?

YES

Have you received your 2nd dose of vaccine in last 3 months?

NO

**Cancel session until:**  
10 day quarantine if you have NO symptoms or 14 day quarantine if you have symptoms  
OR proof of negative COVID test

NO

Sessions may occur following protocols

Have you recently traveled outside of MA/low risk states?

YES

**Cancel session until:**  
10 day quarantine if you have NO symptoms or 14 day quarantine if you have symptoms  
OR proof of negative COVID test

NO

Sessions may occur following protocols